

## **10A NCAC 06A .0102 DEFINITIONS**

As used in this Subchapter, the following terms shall have the meanings specified:

- (1) "Activities of Daily Living (ADL)" include eating, dressing, bathing, toileting, bowel and bladder control, transfers, ambulation and communication such as speaking, the written word, signing, gestures and communication devices.
- (2) "Available Person" is someone who lives with or near the client, who has the time and is willing to perform the needed services.
- (3) "Primary Caregiver" is the person who voluntarily provides the most care or assumes the most responsibility for another person.
- (4) "Home Management" includes tasks that range from basic housekeeping, shopping, and essential transportation to intensive work with individuals and their families on budgeting and family management.
- (5) "Instrumental Activities of Daily Living (IADL)" includes meal preparation, medication intake, cleaning, money management, phone use, laundering, reading, writing, shopping and going to necessary activities.
- (6) "Medically Stable" means physical or mental adaptation to previously recognized health problems with effective maintenance by diet, medication, or routine physical exercise, or a combination of these remedies.
- (7) "Medically Unstable" means a recent acute illness or complications of a chronic condition that are not physically or mentally controlled by diet, medication, or physical exercise, or a combination of these remedies and which require frequent monitoring and testing by skilled professionals.
- (8) "Older Adult" means 60 years of age or older.
- (9) "Own Home" means that the service recipient is living in a residence he maintains for himself or is maintained for him. "Own home" does not include any group care setting.
- (10) "Personal Care" includes tasks that range from assistance with basic personal hygiene and grooming, feeding, and ambulation to medical monitoring and other health care related tasks.
- (11) "Respite Care" is a component of In-Home Aide Services which provides needed relief to primary caregivers of persons who cannot be left alone because of mental or physical problems.
- (12) "Responsible Person" is someone who is dependable and capable of performing the needed services for the client.

*History Note: Authority G.S. 143B-181.1(c); 143B-181.9A; Eff. December 1, 1991; Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. September 6, 2016.*